

Introducing a new four-day training course from Envision and EDG...



# DARE TO DREAM

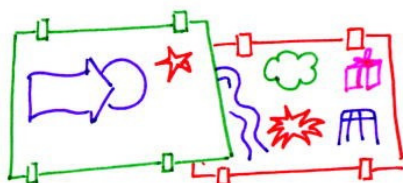
## —FACILITATING MAP AND PATH

### CREATIVE PLANNING FOR CHANGE

Person centred planning is widely recognised as a brilliant and empowering way to help people plan for and make positive changes in their lives. Based on a philosophy of inclusion and personal growth, it employs dynamic and creative group processes to build a team to support individuals to work towards change.

### MAP AND PATH PLANNING TOOLS

MAP and PATH (originally formulated by O'Brien, Pearpoint and Forest) are both highly effective person centred planning tools involving energising and inclusive group processes. They help to create a planning environment where the 'focus person' is empowered to plan action steps towards achieving a full life, recognising and building on gifts and strengths whilst valuing, respecting and working towards aspirations. As well as being extremely powerful tools for use with individuals, MAP and PATH can be very effectively used with groups and teams.



### ABOUT THE COURSE

This four-day course has been designed to teach you to facilitate the MAP and PATH processes. The course is highly experiential and will allow participants to practice both process and graphic facilitation in a challenging but safe training environment. The course will cover:

- The values and practice of person centredness
- The roles of process and graphic facilitator
- MAP and PATH—when and how to use the tools
- Understanding and working with group dynamics
- Achieving positive outcomes in difficult situations

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## WHO IS IT FOR?

This course will be useful to you if you have some knowledge of person centred planning and wish to increase your confidence and skills in facilitation, or if you have no knowledge of person centred planning but wish to learn about two extremely effective planning tools and a creative approach to facilitation. Over the years, we have trained:

- People working in support settings with individuals
- Social workers, care managers and Local Area Co-ordinators
- Teachers, careers advisors and guidance workers
- Coaches and Life coaches
- Facilitators and consultants

## ABOUT THE COURSE LEADERS

This course will be led by Helen Wilson of Envision and Steve Coulson of Edinburgh Development Group (EDG). Both will be drawing on their considerable experience of facilitating person centred planning processes with individuals and groups and of training others to use these powerful tools. Both have trained extensively throughout the UK and beyond.

Helen worked in the voluntary sector in Edinburgh for ten years, supporting individuals and their families to plan for change and to sustain community connections, and working with organisations to help them implement person centred approaches to support. For the past four years, she has been running her own training and consultancy practice, Envision. Steve's background is in childcare but for the past 20 years has worked with people with disabilities and their families in both public and voluntary sectors. After working as a Senior Trainer at Scottish Human Services he moved to EDG in 2002, where he led the Future Plans project. He recently co-wrote "The Big Plan—a good life after school".

## WHERE, WHEN AND HOW MUCH?

The course will take place at Wighton House Conference Centre, Niddrie Mains Road, Edinburgh.

The course is split into a three-day block with a follow-up day three weeks later. The dates are 5, 6, 7 and 29 May 2009—all days 10 a.m.—4 p.m.

The course costs £360 for the four days, inclusive of all refreshments and a training manual to accompany the course.

## APPLYING FOR A PLACE

If you would like to book a place on this course, please complete the booking form attached. For further information about the course, please contact:

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